



zhèn tòng

阵痛

noun · labor pain; transitional pain

Example Sentences

tā kāi shǐ gǎn dào zhèn tòng le

她开始感到阵痛了。

She began to feel labor pains.

gǎi gé chū qī zǒng huì jīng lì yī xiē zhèn tòng

改革初期总会经历一些阵痛。

The early stages of reform always experience some transitional pains.

jīng jì zhuǎn xíng dài lái de zhèn tòng shì zàn shí de dàn xū yào nài xīn yìng duì

经济转型带来的阵痛是暂时的，但需要耐心应对。

The pains brought by economic transformation are temporary, but require patience to handle.

Trace each character, then write the word on your own.

阵	阵	阵	阵	阵	阵	阵	阵	阵		
痛	痛	痛	痛	痛	痛	痛	痛	痛	痛	痛
痛	痛	痛	痛							