



shì dàng

适当

Adjective · suitable; appropriate

Example Sentences

wèi le bǎo chí jiàn kāng yǐn shí zhōng shū cài hé ròu lèi de bǐ lì yīng gāi shì dàng
为了保持健康，饮食中蔬菜和肉类的比例应该适当。

To maintain health, the proportion of vegetables to meat in the diet should be appropriate.

wèi le jié néng huán bǎo zhèng fǔ jiàn yì zài fēi gāo fēng shí duàn shì dàng jiàng dī gōng nuǎn wēn dù
为了节能环保，政府建议在非高峰时段适当降低供暖温度。

To save energy and protect the environment, the government suggests appropriately lowering the heating temperature during off-peak hours.

yī shēng shuō wǒ de gāo xuè yā qíng kuàng wěn dìng kě yǐ shì dàng jiǎn shǎo yào liáng le
医生说我的高血压情况稳定，可以适当减少药量了。

The doctor said my hypertension is stable and I can appropriately reduce the medication dosage.

Trace each character, then write the word on your own.

适	适	适	适	适	适	适	适	适	适	适
适										

当	当	当	当	当	当	当	当	当		