



bié qì

疝气

verb · to feel suffocated or stifled

Example Sentences

fáng jiān lǐ tài mēn le wǒ jué de bié qì
房间里太闷了，我觉得憋气。

The room is too stuffy; I feel suffocated.

zài yōng jǐ de dì tiě lǐ tā gǎn dào yī zhèn bié qì
在拥挤的地铁里，他感到一阵憋气。

In the crowded subway, he felt a wave of being stifled.

yā lì tài dà shí tā huì yǒu bié qì de gǎn jué xū yào shēn hū xī
压力太大时，他会有憋气的感觉，需要深呼吸。

When the pressure is too high, he feels suffocated and needs to take deep breaths.

Trace each character, then write the word on your own.

[illegible]