huái guān jié

踝关节

noun · ankle joint

Example Sentences

tā niǔ shāng le huái guān jié
他扭伤了踝关节。

He sprained his ankle joint.

huái guān jié shì rén tǐ zhòng yào de chéng zhòng guān jié zhī yī
踝关节是人体重要的承重关节之一。

The ankle joint is one of the important weight-bearing joints in the human body.

yùn dòng qián chōng fèn rè shēn kě yǐ jiàng dī huái guān jié shòu shāng de fēng xiǎn
运动前充分热身可以降低踝关节受伤的风险。

Warming up thoroughly before exercise can reduce the risk of injuring the ankle joint.

Trace each character, then write the word on your own.