



qǐ tiào

起跳

verb · to take off (jump)

Example Sentences

Tā yòng lì qǐ tiào tiào guò le lán gān.
他用力起跳，跳过了栏杆。

He took off forcefully and jumped over the railing.

Yùn dòng yuán zài qǐ tiào qián shēn xī le yī kǒu qì.
运动员在起跳前深吸了一口气。

The athlete took a deep breath before taking off.

Tiào yuǎn xuǎn shǒu de qǐ tiào dòng zuò fēi cháng biāo zhǔn.
跳远选手的起跳动作非常标准。

The long jumper's take-off movement is very standard.

Trace each character, then write the word on your own.

起	起	起	起	起	起	起	起	起	起	起
起	起									

跳	跳	跳	跳	跳	跳	跳	跳	跳	跳	跳
跳	跳	跳	跳	跳						