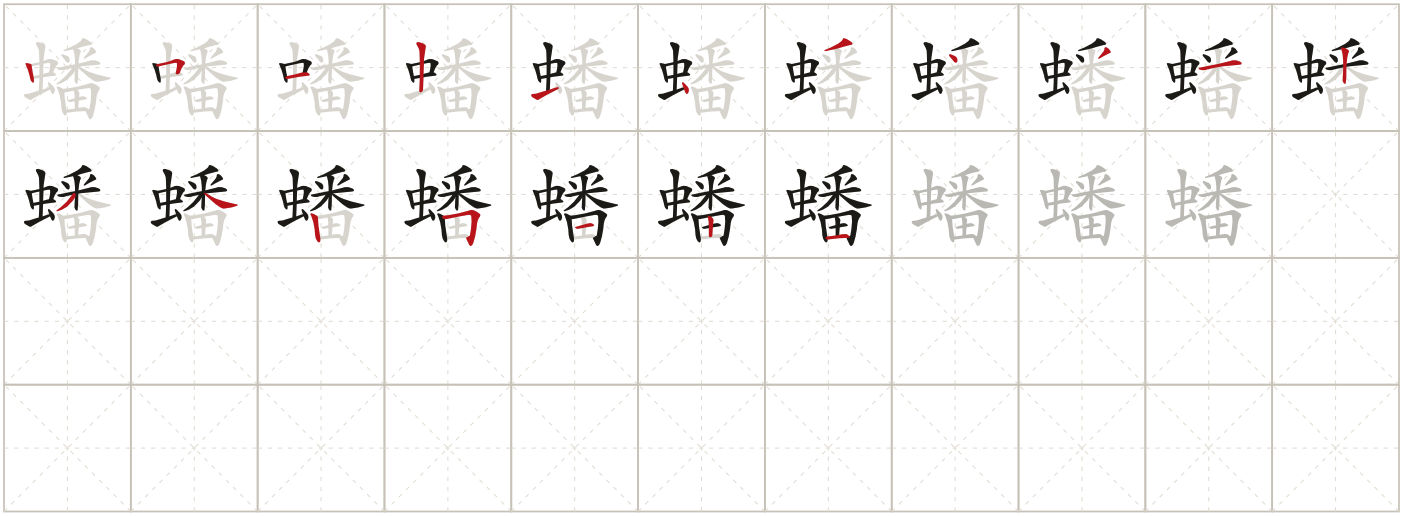
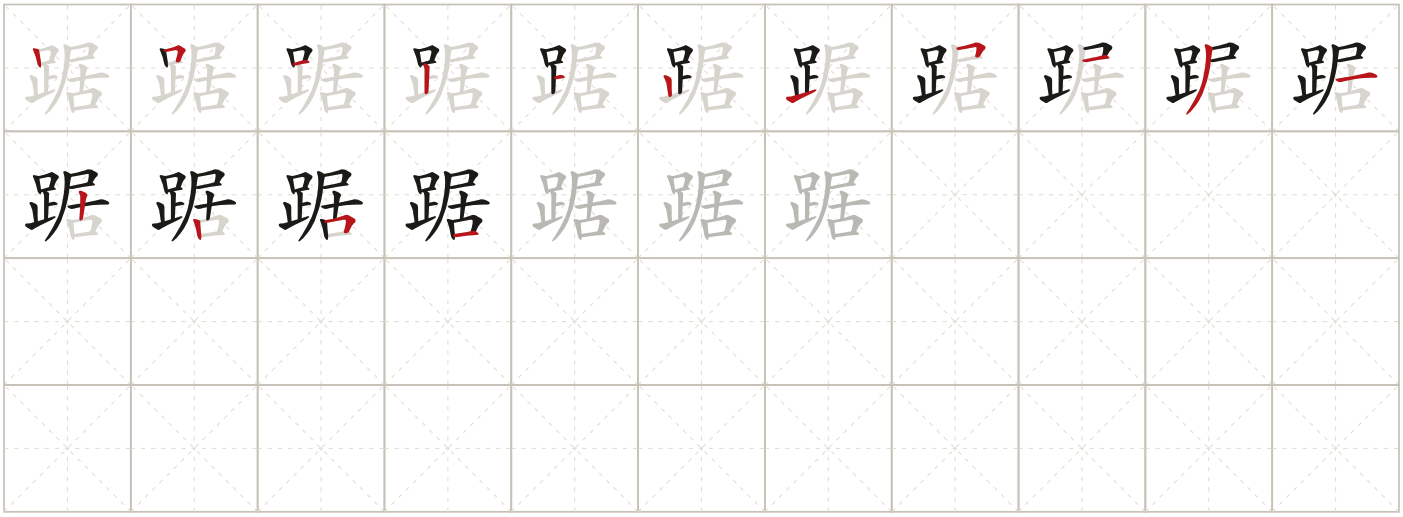
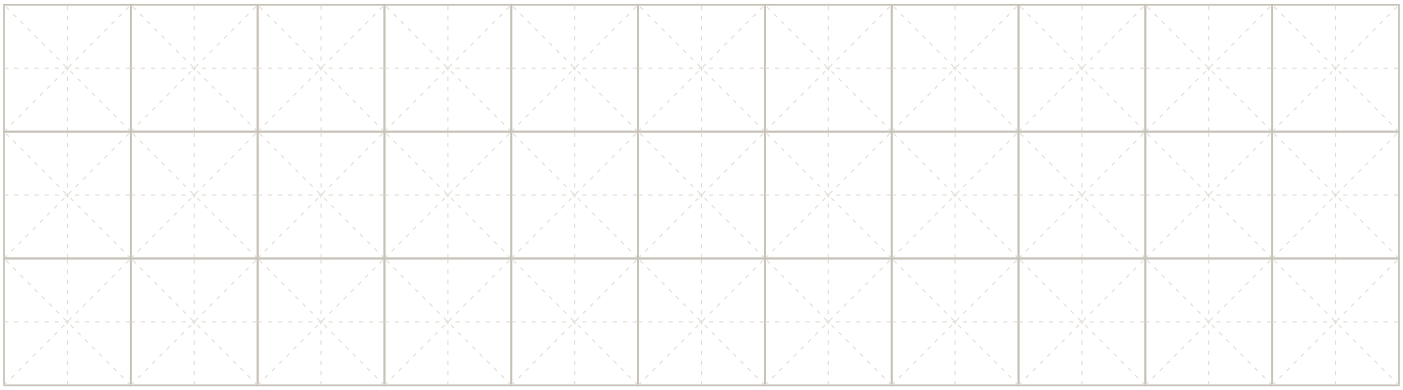
pán jù

蟠踞

verb · to occupy (as a powerful force); to squat

Trace each character, then write the word on your own.