



yíng yǎng

营养

Noun · nutrition; nourishment

Example Sentences

yī shēng jiàn yì wǒ tiáo zhěng yǐn shí jié gòu yǐ bǔ chōng zú gòu de yíng yǎng
医生建议我调整饮食结构，以补充足够的营养。

The doctor advised me to adjust my diet structure to supplement adequate nutrition.

zhè zhǒng jiā gōng shí pǐn suī rán fāng biàn dàn jī hū méi yǒu rèn hé yíng yǎng
这种加工食品虽然方便，但几乎没有任何营养。

Although this processed food is convenient, it has almost no nutritional value.

wèi le hái zǐ de jiàn kāng chéng zhǎng wǒ men bì xū què bǎo tā men shè rù jūn héng de yíng yǎng
为了孩子的健康成长，我们必须确保他们摄入均衡的营养。

For the healthy growth of children, we must ensure they receive balanced nutrition.

Trace each character, then write the word on your own.

营	营	营	营	营	营	营	营	营	营	营
营	营	营								

养	养	养	养	养	养	养	养	养	养	养
养										