



wěi mǐ bù zhèn

萎靡不振

adjective/idiom · dispirited; dejected

Example Sentences

tā zuì jìn zǒng shì wěi mǐ bù zhèn

他最近总是萎靡不振。

He has been dispirited lately.

kǎo shì shī bài hòu tā biàn de wěi mǐ bù zhèn

考试失败后，他变得萎靡不振。

After failing the exam, he became dejected.

chōng zú de shuì mián néng ràng rén bù zài wěi mǐ bù zhèn

充足的睡眠能让人不再萎靡不振。

Adequate sleep can keep a person from feeling dispirited.

Trace each character, then write the word on your own.

萎	萎	萎	萎	萎	萎	萎	萎	萎	萎	萎
萎	萎	萎								
靡	靡	靡	靡	靡	靡	靡	靡	靡	靡	靡
靡	靡	靡	靡	靡	靡	靡	靡	靡	靡	靡
不	不	不	不	不	不	不				



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萎靡不振

continued practice

Continue tracing each character, then write the word on your own.

振	振	振	振	振	振	振	振	振	振	振
振	振									
