



kǔ nǎo

苦恼

Adjective · Distressed

Example Sentences

wǒ hěn kǔ nǎo

我很苦恼。

I am very distressed.

tā wèi rú hé píng héng gōng zuò yǔ jiā tíng shēng huó ér shēn gǎn kǔ nǎo

他为如何平衡工作与家庭生活而深感苦恼。

He is deeply distressed about how to balance work and family life.

dǒng shì huì zhèng wèi gōng sī de zhàn lüè zhuǎn xíng fāng xiàng gǎn dào kǔ nǎo

董事会正为公司的战略转型方向感到苦恼。

The board of directors is distressed about the direction of the company's strategic transformation.

Trace each character, then write the word on your own.

苦	苦	苦	苦	苦	苦	苦	苦	苦	苦	苦
恼	恼	恼	恼	恼	恼	恼	恼	恼	恼	恼
恼										