



jié yī suō shí
节衣缩食

verb/idiom · Tighten one's belt / Cut down on expenses

Example Sentences

wèi le shěng qián tā jié yī suō shí
为了省钱，他节衣缩食。

To save money, he lives frugally.

wèi le shí xiàn huán yóu shì jiè de mèng xiǎng tā duō nián lái yì zhí jié yī suō shí
为了实现环游世界的梦想，他多年来一直节衣缩食。

To realize his dream of traveling the world, he has been tightening his belt for many years.

nán dào jié yī suō shí zhēn de shì jiě jué cái wù kùn jìng de wéi yī tú jìng ma
难道节衣缩食真的是解决财务困境的唯一途径吗？

Is tightening one's belt really the only way to solve financial difficulties?

Trace each character, then write the word on your own.

节	节	节	节	节	节	节	节				
衣	衣	衣	衣	衣	衣	衣	衣	衣			
缩	缩	缩	缩	缩	缩	缩	缩	缩	缩	缩	
缩	缩	缩	缩	缩	缩						



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continued practice

Continue tracing each character, then write the word on your own.

食	食	食	食	食	食	食	食	食	食	食
食										
