



zì shēn

自身

Noun · itself

Example Sentences

gōng sī de fā zhǎn lí bù kāi zì shēn de nǚ lì
公司的发展离不开自身的努力。

The company's development cannot be separated from its own efforts.

tā gōng zuò tài máng cháng cháng hū lüè le zì shēn de jiàn kāng wèn tí
他工作太忙，常常忽略了自身的健康问题。

He is too busy with work and often neglects his own health issues.

jìn guǎn zì shēn bú fù yù tā réng jiān chí jiē jì liú làng dòng wù
尽管自身不富裕，他仍坚持接济流浪动物。

Despite not being wealthy himself, he still insists on providing relief to stray animals.

Trace each character, then write the word on your own.

自	自	自	自	自	自	自	自	自											
身	身	身	身	身	身	身	身	身	身										