



zì lǐ
自理

Verb · Take care of oneself

Example Sentences

wǒ zì jǐ chī fàn zì lǐ
我自己吃饭，自理。

I eat by myself, I take care of myself.

shǒu shù hòu yī shēng jiàn yì tā zàn shí bú yào zì lǐ rì cháng qǐ jū
手术后，医生建议他暂时不要自理日常起居。

After the surgery, the doctor advised him not to take care of his daily routines for the time being.

nǐ què dìng nián mài de fù mǔ zài jiā néng wán quán zì lǐ ma
你确定年迈的父母在家能完全自理吗？

Are you sure your elderly parents can fully take care of themselves at home?

Trace each character, then write the word on your own.

自	自	自	自	自	自	自	自	自		
理	理	理	理	理	理	理	理	理	理	理
理	理	理								