



zì qiáng bù xī
自强不息

verb/idiom · Strive unremittingly for self-improvement / Never cease striving to become stronger

Example Sentences

tā měi tiān nǔ lì xué xí zì qiáng bù xī
他每天努力学习，自强不息。

He studies hard every day, constantly striving to improve himself.

tā shǐ zhōng bǎo chí zhe zì qiáng bù xī de jīng shén bú duàn xué xí xīn zhī shì
他始终保持着自强不息的精神，不断学习新知识。

He always maintains the spirit of striving unremittingly for self-improvement, constantly learning new knowledge.

nán dào nǐ bú rèn wéi zì qiáng bù xī shì gè rén chéng zhǎng de guān jiàn ma
难道你不认为自强不息是个人成长的关键吗？

Don't you think that striving unremittingly for self-improvement is the key to personal growth?

Trace each character, then write the word on your own.

自	自	自	自	自	自	自	自	自		
强	强	强	强	强	强	强	强	强	强	强
强	强	强	强							
不	不	不	不	不	不	不				



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自强不息

continued practice

Continue tracing each character, then write the word on your own.

息	息	息	息	息	息	息	息	息	息	息
息	息									
