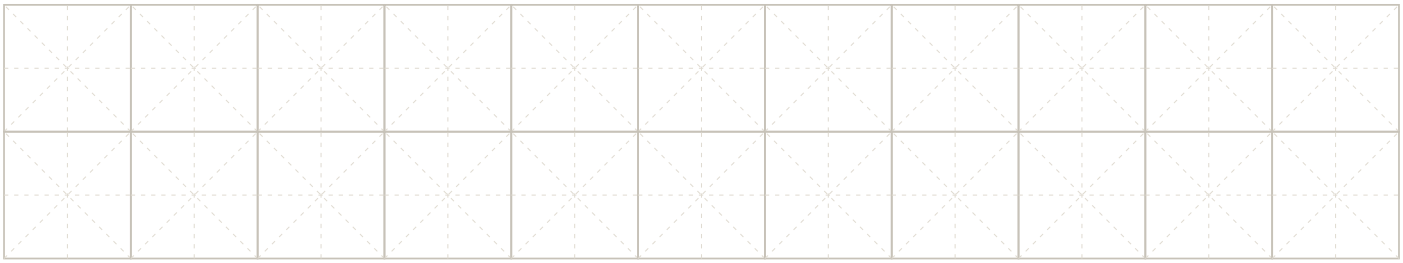
yāo téng

腰疼

verb · waist or lower back hurts

Example Sentence

Tā yīn wèi yāo téng bùn éng jiǔ zuò
他因为腰疼不能久坐。

He can't sit for long because of lower back pain.

Trace each character, then write the word on your own.