



xiōng jī

胸肌

noun · pectoral muscles; chest muscles

Example Sentences

tā měi tiān zuò fǔ wò chēng lái duàn liàn xiōng jī
他每天做俯卧撑来锻炼胸肌。

He does push-ups every day to train his chest muscles.

yóu yǒng duì fā zhǎn xiōng jī hěn yǒu bāng zhù
游泳对发展胸肌很有帮助。

Swimming is very helpful for developing pectoral muscles.

Trace each character, then write the word on your own.

胸	胸	胸	胸	胸	胸	胸	胸	胸	胸	胸
胸	胸									

肌	肌	肌	肌	肌	肌	肌	肌	肌		
