



nài lì

耐力

noun · endurance, stamina

Example Sentences

pǎo bù kě yǐ duàn liàn nài lì
跑步可以锻炼耐力。

Running can build endurance.

tā de nài lì hěn hǎo néng lián xù gōng zuò shí gè xiǎo shí
他的耐力很好，能连续工作十个小时。

His stamina is very good; he can work for ten hours straight.

mǎ lā sōng bǐ sài bù jǐn kǎo yàn tǐ lì gèng kǎo yàn xīn lǐ nài lì
马拉松比赛不仅考验体力，更考验心理耐力。

A marathon tests not only physical strength but also mental endurance.

Trace each character, then write the word on your own.

耐	耐	耐	耐	耐	耐	耐	耐	耐	耐	耐
耐										