



jīng shén huǎng hū
精神恍惚

adjective/idiom · to be in a daze, mentally confused

Example Sentences

tā jīn tiān jīng shén huǎng hū hǎo xiàng méi shuì hǎo
他今天精神恍惚，好像没睡好。

He is in a daze today, as if he didn't sleep well.

kǎo shì qián tā jīng shén huǎng hū wú fǎ jí zhōng zhù yì lì
考试前她精神恍惚，无法集中注意力。

Before the exam, she was mentally confused and couldn't concentrate.

lián xù jiā bān ràng tā jīng shén huǎng hū zǒu lù dōu chà diǎn shuāi dǎo
连续加班让他精神恍惚，走路都差点摔倒。

Working overtime continuously left him in a daze, and he almost fell while walking.

Trace each character, then write the word on your own.

精	精	精	精	精	精	精	精	精	精	精
精	精	精	精	精	精					
神	神	神	神	神	神	神	神	神	神	神
神										
恍	恍	恍	恍	恍	恍	恍	恍	恍	恍	恍
恍										



jīng shén huǎng hū

精神恍惚

continued practice

Continue tracing each character, then write the word on your own.

惚	惚	惚	惚	惚	惚	惚	惚	惚	惚	惚
惚	惚	惚								
