



jīng pí lì jié
精疲力竭

adjective/idiom · Exhausted physically and mentally / Completely worn out

Example Sentences

wǒ pǎo wán bù hòu jīng pí lì jié
我跑完步后精疲力竭。

I was exhausted after running.

tā gōng zuò le yī zhěng tiān gǎn dào jīng pí lì jié
他工作了一整天，感到精疲力竭。

He worked all day and felt completely exhausted.

nǐ shì fǒu yě céng yīn guò dù láo lèi ér gǎn dào jīng pí lì jié
你是否也曾因过度劳累而感到精疲力竭？

Have you ever felt completely worn out due to overexertion?

Trace each character, then write the word on your own.

精	精	精	精	精	精	精	精	精	精	精
精	精	精	精	精	精					
疲	疲	疲	疲	疲	疲	疲	疲	疲	疲	疲
疲	疲									
力	力	力	力	力						



jīng pí lì jié

精疲力竭

continued practice

Continue tracing each character, then write the word on your own.

竭	竭	竭	竭	竭	竭	竭	竭	竭	竭	竭
竭	竭	竭	竭	竭	竭					
