



jīn gǔ
筋骨

noun · muscles and bones; physique

Example Sentences

Tā duàn liàn jīn gǔ
他锻炼筋骨。

He exercises his muscles and bones.

Lǎo rén suī rán nián jì dà dàn jīn gǔ hái hěn yìng lǎng
老人虽然年纪大，但筋骨还很硬朗。

Although the old man is old, his physique is still strong.

Cháng qī zuò bàn gōng shì róng yì sǔn shāng jīn gǔ
长期坐办公室容易损伤筋骨。

Sitting in an office for a long time can easily damage your muscles and bones.

Trace each character, then write the word on your own.

筋	筋	筋	筋	筋	筋	筋	筋	筋	筋	筋
筋	筋	筋	筋							

骨	骨	骨	骨	骨	骨	骨	骨	骨	骨	骨
骨										