



zhī zú cháng lè
知足常乐

phrase · contentment is happiness

Example Sentences

yé ye cháng shuō zhī zú cháng lè shēng huó jiǎn dān jiù shì xìng fú
爷爷常说知足常乐，生活简单就是幸福。

Grandpa often says contentment is happiness; a simple life is bliss.

zài wù yù héng liú de shí dài néng bǎo chí zhī zú cháng lè de xīn tài shí shǔ bú yì
在物欲横流的时代，能保持知足常乐的心态实属不易。

In an era of rampant materialism, maintaining a mindset of contentment is truly not easy.

nǐ zǒng shì bù tíng dì zhuī qiú gèng duō nán dào méi tīng guò zhī zú cháng lè de dào lǐ ma
你总是不停地追求更多，难道没听过知足常乐的道理吗？

You're always relentlessly pursuing more; haven't you ever heard the principle that contentment brings happiness?

Trace each character, then write the word on your own.

知	知	知	知	知	知	知	知	知	知	知
足	足	足	足	足	足	足	足	足	足	足
常	常	常	常	常	常	常	常	常	常	常
常	常	常								



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知足常乐

continued practice

I Continue tracing each character, then write the word on your own.

乐乐乐乐乐乐