



guàn xǐ

盥洗

verb · wash up; wash hands and face

Example Sentences

qǐng xiān qù guàn xǐ zài chī fàn
请先去盥洗再吃饭。

Please wash up before eating.

zài zhōng yī yǎng shēng zhōng chén qǐ guàn xǐ hòu hē yī bēi wēn shuǐ yǒu yì jiàn kāng
在中医养生中，晨起盥洗后喝一杯温水有益健康。

In traditional Chinese medicine health practices, drinking a glass of warm water after washing up in the morning is beneficial for health.

Trace each character, then write the word on your own.

盥	盥	盥	盥	盥	盥	盥	盥	盥	盥	盥
洗	洗	洗	洗	洗	洗	洗	洗			
洗										