



jiān cè
监测

Verb · to monitor

Example Sentences

zhè kuài shǒu biǎo bù jǐn néng kàn shí jiān hái néng jiān cè xīn lǜ
这块手表不仅能看时间，还能监测心率。

This watch can not only tell time but also monitor heart rate.

nǐ tīng shuō guò nà kē yòng yú jiān cè hǎi yáng de wèi xīng ma
你听说过那颗用于监测海洋的卫星吗？

Have you heard of that satellite used for monitoring the oceans?

nǐ zuì jìn yǒu méi yǒu dìng qī jiān cè zì jǐ de xuè yā qíng kuàng
你最近有没有定期监测自己的血压情况？

Have you been regularly monitoring your blood pressure lately?

Trace each character, then write the word on your own.

监	监	监	监	监	监	监	监	监	监	监
监	监									

测	测	测	测	测	测	测	测	测	测	测
测										