yú jiā

瑜伽

n. · yoga

Example Sentences

tā měi tiān zǎo shang zài jiā liàn yú jiā
她每天早上在家练瑜伽。

She practices yoga at home every morning.

liàn yú jiā de shí hòu yào zhù yì zì jǐ de hū xī
练瑜伽的时候，要注意自己的呼吸。

Pay attention to your breathing when practicing yoga.

tā měi gè xīng qī shàng liǎng cì yú jiā kè
她每个星期上两次瑜伽课。

She takes yoga classes twice a week.

Trace each character, then write the word on your own.

瑜 瑜 瑜 瑜 瑜 瑜 瑜 瑜 瑜 瑜 瑜

瑜 瑜 瑜 瑜 瑜

伽 伽 伽 伽 伽 伽 伽 伽 伽 伽