



mù niú fàng mǎ
牧牛放马

idiom · to live a peaceful, carefree life; to retire from worldly affairs and enjoy leisure

Example Sentences

tuì xiū hòu tā huí dào xiāng xià mù niú fàng mǎ guò shàng le yōu xián de shēng huó
退休后，他回到乡下牧牛放马，过上了悠闲的生活。

After retirement, he returned to the countryside to herd cattle and let horses loose, living a leisurely life.

jīng lì le duō nián de zhí chǎng yā lì tā jué dìng mù niú fàng mǎ bú zài zhuī zú míng lì
经历了多年的职场压力，他决定牧牛放马，不再追逐名利。

After years of workplace stress, he decided to herd cattle and let horses loose, no longer chasing fame and fortune.

Trace each character, then write the word on your own.

牧	牧	牧	牧	牧	牧	牧	牧	牧	牧	牧
牛	牛	牛	牛	牛	牛	牛				
放	放	放	放	放	放	放	放	放	放	放
马	马	马	马	马	马					