



xiāo chén

消沉

Adjective · depression / despondency

## Example Sentences

shī qù gōng zuò hòu tā xiàn rù le yī duàn xiāo chén de shí qī  
失去工作后，他陷入了一段消沉的时期。

After losing his job, he fell into a period of depression.

zài zhèng shì huì yì shàng tā shì tú yǎn shì zì jǐ nèi xīn de xiāo chén qíng xù  
在正式会议上，他试图掩饰自己内心的消沉情绪。

At the formal meeting, he tried to conceal his inner feelings of depression.

tā jīn tiān hěn xiāo chén  
他今天很消沉。

He is very depressed today.

Trace each character, then write the word on your own.

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|---|---|---|---|---|---|---|---|---|---|---|
| 消 | 消 | 消 | 消 | 消 | 消 | 消 | 消 | 消 | 消 | 消 |
| 消 | 消 |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |
| 沉 | 沉 | 沉 | 沉 | 沉 | 沉 | 沉 | 沉 | 沉 | 沉 | 沉 |
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