



huó bèng luàn tiào

活蹦乱跳

idiom; adjective · lively and bouncing; full of energy

Example Sentences

Xiǎo gǒu huó bèng luàn tiào de
小狗活蹦乱跳的。

The puppy is lively and bouncing around.

Hái zǐ men zài cāo chǎng shàng huó bèng luàn tiào wán de hěn kāi xīn
孩子们在操场上活蹦乱跳，玩得很开心。

The children are bouncing around on the playground, having a great time.

Tā bìng hǎo zhī hòu yòu biàn de huó bèng luàn tiào le
他病好之后，又变得活蹦乱跳了。

After he recovered from his illness, he became lively and full of energy again.

Trace each character, then write the word on your own.

活	活	活	活	活	活	活	活	活	活	活
活										
蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦
蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦	蹦
乱	乱	乱	乱	乱	乱	乱	乱	乱	乱	乱



huó bèng luàn tiào

活蹦乱跳

continued practice

Continue tracing each character, then write the word on your own.

跳	跳	跳	跳	跳	跳	跳	跳	跳	跳	跳
跳	跳	跳	跳	跳						
