



qì gōng
气功

Noun · qigong [a system of deep breathing exercises; breathing technique]

Example Sentences

tā měi tiān liàn xí qì gōng
他每天练习气功。

He practices qigong every day.

qì gōng kě yǐ bāng zhù rén men fàng sōng shēn xīn
气功可以帮助人们放松身心。

Qigong can help people relax both body and mind.

tā cóng wèi jiē chù guò qì gōng yīn cǐ duì qí yuán lǐ yí qiào bù tōng
他从未接触过气功，因此对其原理一窍不通。

He has never been exposed to qigong, so he knows nothing about its principles.

Trace each character, then write the word on your own.

气	气	气	气	气	气	气													
功	功	功	功	功	功	功	功												