



yǒu yì  
有益

Adjective · useful

## Example Sentences

qīng dùn jī tāng duì jiàn kāng yǒu yì  
清炖鸡汤对健康有益。

Clear stewed chicken soup is beneficial for health.

měi tiān sǎn bù duì nǐ de jiàn kāng fēi cháng yǒu yì  
每天散步对你的健康非常有益。

Walking every day is very beneficial for your health.

ā jiāo duì nǚ xìng jiàn kāng yǒu yì  
阿胶对女性健康有益。

Ejiao is beneficial for women's health

Trace each character, then write the word on your own.

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| 有 | 有 | 有 | 有 | 有 | 有 | 有 | 有 | 有 |   |   |
| 益 | 益 | 益 | 益 | 益 | 益 | 益 | 益 | 益 | 益 | 益 |
| 益 | 益 |   |   |   |   |   |   |   |   |   |
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