



yǒu zhù
有助

verb-object phrase · helpful; conducive to

Example Sentences

Duō hē shuǐ yǒu zhù jiàn kāng

多喝水有助健康。

Drinking more water is good for health.

Zǎo shuì zǎo qǐ yǒu zhù tí gāo gōng zuò xiào lǜ

早睡早起有助提高工作效率。

Going to bed early and waking up early helps improve work efficiency.

yuè dú jīng diǎn shū jí yǒu zhù péi yǎng dú lì sī kǎo néng lì

阅读经典书籍有助培养独立思考能力。

Reading classic books helps cultivate independent thinking skills.

Trace each character, then write the word on your own.

有	有	有	有	有	有	有	有	有	
助	助	助	助	助	助	助	助	助	助