



chēng zhù

撑住

verb · to hold up; to endure

## Example Sentences

zài kùn nán shí qī wǒ men yào chēng zhù  
在困难时期，我们要撑住。

During difficult times, we must endure.

tā yòng shǒu chēng zhù zhuō zi zhàn qǐ lái  
他用手撑住桌子站起来。

He held onto the table with his hands and stood up.

Trace each character, then write the word on your own.

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| 撑 | 撑 | 撑 | 撑 | 撑 | 撑 | 撑 | 撑 | 撑 | 撑 | 撑 |
| 撑 | 撑 | 撑 | 撑 | 撑 | 撑 | 撑 |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |
| 住 | 住 | 住 | 住 | 住 | 住 | 住 | 住 | 住 | 住 |   |
|   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |