shè rù

摄入

verb · intake, ingest

Example Sentences

Guò liàng shè rù táng fèn duì jiàn kāng bù lì
过 量 摄入 糖 分对健 康 不利。

Excessive intake of sugar is bad for health.

Yī shēng jiàn yì tā jiǎn shǎo zhī fáng de shè rù liàng
医 生 建议他减 少 脂 肪 的摄入 量 。

The doctor advised him to reduce his fat intake.

Měi tiān yào shè rù zú gòu de shuǐ fèn
每 天 要 摄入足 够 的 水 分。

You need to take in enough water every day.

Trace each character, then write the word on your own.

摄 摄 摄 摄 摄 摄 摄 摄 摄 摄 摄

摄 摄 摄 摄 摄

入 入 入 入 入