



zhèng tuō

挣脱

verb · to break free, to struggle loose

Example Sentences

Tā zhèng tuō le shéng zi
他 挣 脱 了 绳 子。

He broke free from the rope.

Xiǎo niǎo zhèng tuō le lóng zi fēi xiàng tiān kōng
小 鸟 挣 脱 了 笼 子， 飞 向 天 空。

The little bird broke free from the cage and flew into the sky.

Tā nǚ lì zhèng tuō guò qù de yīn yǐng kāi shǐ xīn de shēng huó
她 努 力 挣 脱 过 去 的 阴 影， 开 始 新 的 生 活。

She struggled to break free from the shadows of the past and start a new life.

Trace each character, then write the word on your own.

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挣										

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