



dān jīng shòu pà
担惊受怕

idiom · to be frightened and worried

Example Sentences

Tā yī gè rén zǒu yè lù zǒng shì dān jīng shòu pà
她一个人走夜路，总是担惊受怕。

She is always frightened and worried when walking alone at night.

Zhàn zhēng qī jiān bǎi xìng měi tiān dōu zài dān jīng shòu pà zhōng dù guò
战争期间，百姓每天都在担惊受怕中度过。

During the war, the people lived in fear every day.

Trace each character, then write the word on your own.

担	担	担	担	担	担	担	担	担	担	担
惊	惊	惊	惊	惊	惊	惊	惊	惊	惊	惊
惊	惊	惊								
受	受	受	受	受	受	受	受	受	受	受
怕	怕	怕	怕	怕	怕	怕	怕	怕	怕	怕