



chōu jīn

抽筋

verb / noun · cramp; to have a muscle spasm

Example Sentences

Yóu yǒng shí wǒ de tuǐ chōu jīn le

游泳时我的腿抽筋了。

My leg cramped while swimming.

Tā yīn wèi chōu jīn ér wú fǎ zǒu lù

他因为抽筋而无法走路。

He couldn't walk because of a cramp.

Trace each character, then write the word on your own.

抽	抽	抽	抽	抽	抽	抽	抽	抽	抽	抽
筋	筋	筋	筋	筋	筋	筋	筋	筋	筋	筋
筋	筋	筋	筋							