



dǐ kàng lì
抵抗力

noun · resistance (to disease or pressure)

Example Sentences

duō chī shuǐ guǒ néng zēng qiáng dǐ kàng lì
多吃水果能增强抵抗力。

Eating more fruit can boost resistance.

tā de dǐ kàng lì hěn chà jīng cháng gǎn mào
他的抵抗力很差，经常感冒。

His resistance is very weak; he often catches colds.

cháng qī áo yè huì jiàng dī shēn tǐ de dǐ kàng lì
长期熬夜会降低身体的抵抗力。

Staying up late for a long time will lower the body's resistance.

Trace each character, then write the word on your own.

抵	抵	抵	抵	抵	抵	抵	抵	抵	抵	抵
抗	抗	抗	抗	抗	抗	抗	抗	抗	抗	抗
力	力	力	力	力						