



zhé mó  
折磨

Verb · cause suffering; torment; affliction

Example Sentences

zhè ge bìng zhé mó tā hěn jiǔ le  
这个病折磨他很久了。

This illness has been tormenting him for a long time.

nèi xīn de kuì jiù gǎn bù duàn zhé mó zhe tā ràng tā yè bù néng mèi  
内心的愧疚感不断折磨着他，让他夜不能寐。

The feeling of guilt constantly tormented him, making him unable to sleep at night.

cháng qī shī mián yán zhòng zhé mó zhe tā de shēn xīn jiàn kāng shǐ tā pí bèi bù kān  
长期失眠严重折磨着他的身心健康，使他疲惫不堪。

Long-term insomnia severely torments his physical and mental health, leaving him utterly exhausted.

Trace each character, then write the word on your own.

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