



mén xīn zì wèn

扪心自问

idiom (verb phrase) · examine one's conscience, ask oneself honestly

Example Sentences

mén xīn zì wèn wǒ què shí zuò dé bú gòu hǎo
扪心自问，我确实做得不够好。

Honestly asking myself, I really didn't do well enough.

tā mén xīn zì wèn jué de zì jǐ duì péng yǒu bú gòu zhēn chéng
他扪心自问，觉得自己对朋友不够真诚。

He examined his conscience and felt he wasn't sincere enough with his friend.

Trace each character, then write the word on your own.

扪	扪	扪	扪	扪	扪	扪	扪	扪		
心	心	心	心	心	心	心				
自	自	自	自	自	自	自	自	自		
问	问	问	问	问	问	问	问	问		