



jiè jiāo jiè zào
戒骄戒躁

idiom · To remain humble and patient; to avoid arrogance and rashness.

Example Sentences

miàn duì kùn nán wǒ men yào jiè jiāo jiè zào lěng jìng fēn xī wèn tí
面对困难，我们要戒骄戒躁，冷静分析问题。

Facing difficulties, we must avoid arrogance and impatience and calmly analyze the problem.

qǔ dé hǎo chéng jì hòu wǒ men yào jiè jiāo jiè zào jì xù nǔ lì
取得好成绩后，我们要戒骄戒躁，继续努力。

After achieving good results, we must guard against pride and impatience and continue to work hard.

Trace each character, then write the word on your own.

戒	戒	戒	戒	戒	戒	戒	戒	戒	戒
骄	骄	骄	骄	骄	骄	骄	骄	骄	骄
骄									
戒	戒	戒	戒	戒	戒	戒	戒	戒	戒



jiè jiāo jiè zào
戒骄戒躁

continued practice

Continue tracing each character, then write the word on your own.

躁	躁	躁	躁	躁	躁	躁	躁	躁	躁	躁
躁	躁	躁	躁	躁	躁	躁	躁	躁	躁	躁
躁										
