



chóu méi kǔ liǎn

愁眉苦脸

adjective/idiom · with a worried or distressed look / frown in worry

Example Sentences

tā jīn tiān chóu méi kǔ liǎn yīn wèi kǎo shì méi kǎo hǎo
他今天愁眉苦脸，因为考试没考好。

He looks worried and unhappy today because he didn't do well on the exam.

tā zuì jìn zǒng shì chóu méi kǔ liǎn hǎo xiàng yù dào le shén me má fan
他最近总是愁眉苦脸，好像遇到了什么麻烦。

He has been looking worried and distressed lately, as if he has encountered some trouble.

miàn duì fù zá de xiàng mù nán tí tā lián xù jǐ tiān dōu chóu méi kǔ liǎn dì sī kǎo duì cè
面对复杂的项目难题，他连续几天都愁眉苦脸地思考对策。

Faced with complex project challenges, he has been frowning in worry for several days while pondering solutions.

Trace each character, then write the word on your own.

愁	愁	愁	愁	愁	愁	愁	愁	愁	愁	愁
愁	愁	愁	愁	愁						
眉	眉	眉	眉	眉	眉	眉	眉	眉	眉	眉
眉										
苦	苦	苦	苦	苦	苦	苦	苦	苦	苦	苦



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continued practice

Continue tracing each character, then write the word on your own.

脸	脸	脸	脸	脸	脸	脸	脸	脸	脸	脸
脸	脸	脸								
