



cǎn tòng

惨痛

Adjective · Painful / Heartrending

Example Sentences

tā shuāi le yī jiǎo hěn cǎn tòng
他摔了一跤，很惨痛。

He fell down and it was very painful.

zhè cì shī bài gěi wǒ men liú xià le cǎn tòng de jiào xùn
这次失败给我们留下了惨痛的教训。

This failure left us with a painful lesson.

nà duàn cǎn tòng de jīng lì zhì jīn réng ràng tā xīn yǒu yú jì
那段惨痛的经历至今仍让他心有余悸。

That painful experience still makes him shudder to this day.

Trace each character, then write the word on your own.

惨	惨	惨	惨	惨	惨	惨	惨	惨	惨	惨
惨	惨	惨								

痛	痛	痛	痛	痛	痛	痛	痛	痛	痛	痛
痛	痛	痛	痛							