



rěn qì tūn shēng

忍气吞声

idiom · to swallow one's anger and remain silent

Example Sentences

Tā wèi le bǎo zhù gōng zuò zhǐ néng rěn qì tūn shēng
他为了保住工作，只能忍气吞声。

He had to swallow his anger and remain silent
to keep his job.

Miàn duì bù gōng de dài yù tā xuǎn zé rěn qì tūn shēng ér bù shì fǎn kàng
面对不公的待遇，她选择忍气吞声，而不是反抗。

Faced with unfair treatment, she chose to
swallow her anger and remain silent rather
than resist.

Trace each character, then write the word on your own.

忍	忍	忍	忍	忍	忍	忍	忍	忍	忍
气	气	气	气	气	气	气			
吞	吞	吞	吞	吞	吞	吞	吞	吞	吞
声	声	声	声	声	声	声	声	声	声