



jì kǒu
忌口

Verb · Dietary restrictions / Avoidance of certain foods

Example Sentences

shēng bìng shí yào jì kǒu
生病时要忌口。

You need to avoid certain foods when you are sick.

nǐ zuì jìn cháng wèi bù hǎo shì bu shì yòu méi zhù yì jì kǒu le
你最近肠胃不好，是不是又没注意忌口了？

Your stomach has been upset lately; is it because you didn't pay attention to your dietary restrictions again?

yī shēng jiàn yì tā jì kǒu bú yào chī tài yóu nì de shí wù
医生建议他忌口，不要吃太油腻的食物。

The doctor advised him to avoid certain foods and not eat too greasy food.

Trace each character, then write the word on your own.

忌	忌	忌	忌	忌	忌	忌	忌	忌	忌	
口	口	口	口	口	口					