



xīn dǎn jù liè

心胆俱裂

idiom · To be extremely frightened or terrified, as if one's internal organs are shattered.

Example Sentences

tīng dào nà ge è hào tā xià dé xīn dǎn jù liè
听到那个噩耗，他吓得心胆俱裂。

Upon hearing the bad news, he was scared
out of his wits.

diàn yǐng lǐ de kǒng bù chǎng jǐng ràng rén xīn dǎn jù liè
电影里的恐怖场景让人心胆俱裂。

The horror scenes in the movie were
absolutely terrifying.

Trace each character, then write the word on your own.

心	心	心	心	心	心	心				
胆	胆	胆	胆	胆	胆	胆	胆	胆	胆	胆
胆										
俱	俱	俱	俱	俱	俱	俱	俱	俱	俱	俱
俱	俱									



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心胆俱裂

continued practice

Continue tracing each character, then write the word on your own.

裂	裂	裂	裂	裂	裂	裂	裂	裂	裂	裂
裂	裂	裂	裂							
