



xīn huī yì lěng

心灰意冷

idiom · to lose heart; to feel deeply discouraged and lose hope or enthusiasm after disappointment

Example Sentences

jiē lián shī bài ràng tā gǎn dào xīn huī yì lěng
接连失败让他感到心灰意冷。

Repeated failures left him feeling disheartened.

suī rán zàn shí méi yǒu jìn zhǎn dàn tā bìng méi yǒu yīn cǐ xīn huī yì lěng
虽然暂时没有进展，但他并没有因此心灰意冷。

Although there has been no progress for now, he has not lost heart because of it.

tā yī cì cì shī xìn wǒ yǐ jīng duì zhè duàn yǒu yì xīn huī yì lěng le
她一次次失信，我已经对这段友谊心灰意冷了。

She has broken her promises again and again, and I have lost hope in this friendship.

Trace each character, then write the word on your own.

心	心	心	心	心	心	心								
灰	灰	灰	灰	灰	灰	灰	灰	灰						
意	意	意	意	意	意	意	意	意	意	意				
意	意	意	意	意										
冷	冷	冷	冷	冷	冷	冷	冷	冷	冷	冷				