



xīn lì jiāo cuì

心力交瘁

adjective/idiom · mentally and physically exhausted

Example Sentence

Lián xù jiā bān ràng tā xīn lì jiāo cuì.
连续加班 让她心力交瘁。

Working overtime continuously left her
mentally and physically exhausted.

Trace each character, then write the word on your own.

心	心	心	心	心	心	心													
力	力	力	力	力															
交	交	交	交	交	交	交	交	交											
瘁	瘁	瘁	瘁	瘁	瘁	瘁	瘁	瘁	瘁	瘁									
瘁	瘁	瘁	瘁	瘁															