cháng yáng zì dé

徜徉自得

idiom/phr. · to stroll leisurely and contentedly; to wander at ease, well-pleased with oneself

Example Sentences

wǔ hòu de gōng yuán lǐ tā yán zhe hú biān cháng yáng zì dé bǎ fán xīn shì dōu pāo zài le nǎo hòu
午后的公园里，他沿着湖边徜徉自得，把烦心事都抛在了脑后。

In the park in the afternoon, he strolled leisurely and contentedly along the lakeside, putting all his worries behind him.

xiǎo māo chī bǎo le zài yuàn zi lǐ cháng yáng zì dé wěi ba yì yáo yì yáo de
小猫吃饱了，在院子里徜徉自得，尾巴一摇一摇的。

Having eaten its fill, the kitten wanders contentedly around the yard, its tail swaying back and forth.

tuì xiū yǐ hòu yé ye měi tiān zài xiàng zi lǐ cháng yáng zì dé jiàn le lín jū jiù xiào zhe diǎn tóu
退休以后，爷爷每天在巷子里徜徉自得，见了邻居就笑着点头。

After retiring, Grandpa strolls leisurely and contentedly through the alleys every day, smiling and nodding whenever he sees a neighbor.

Trace each character, then write the word on your own.

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徜 徜 徜

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徉

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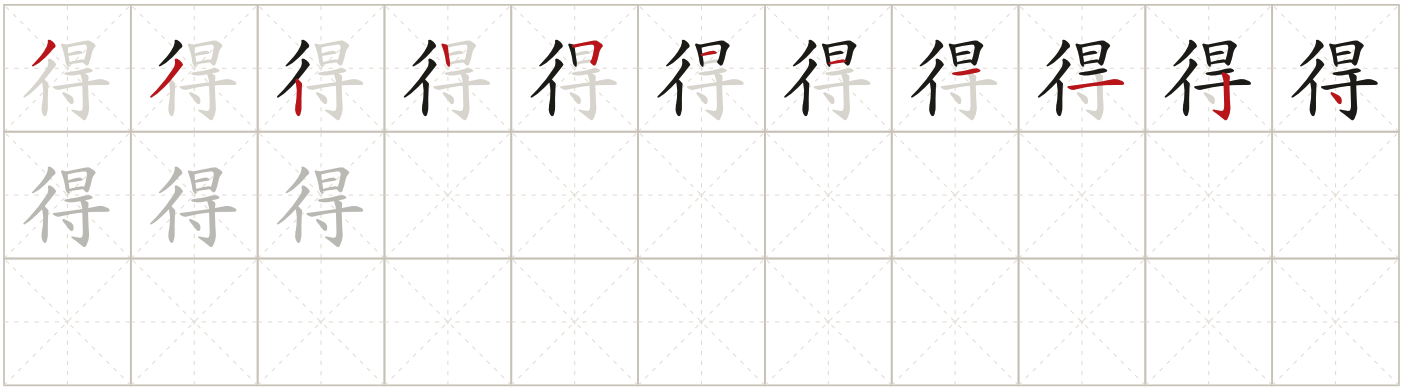
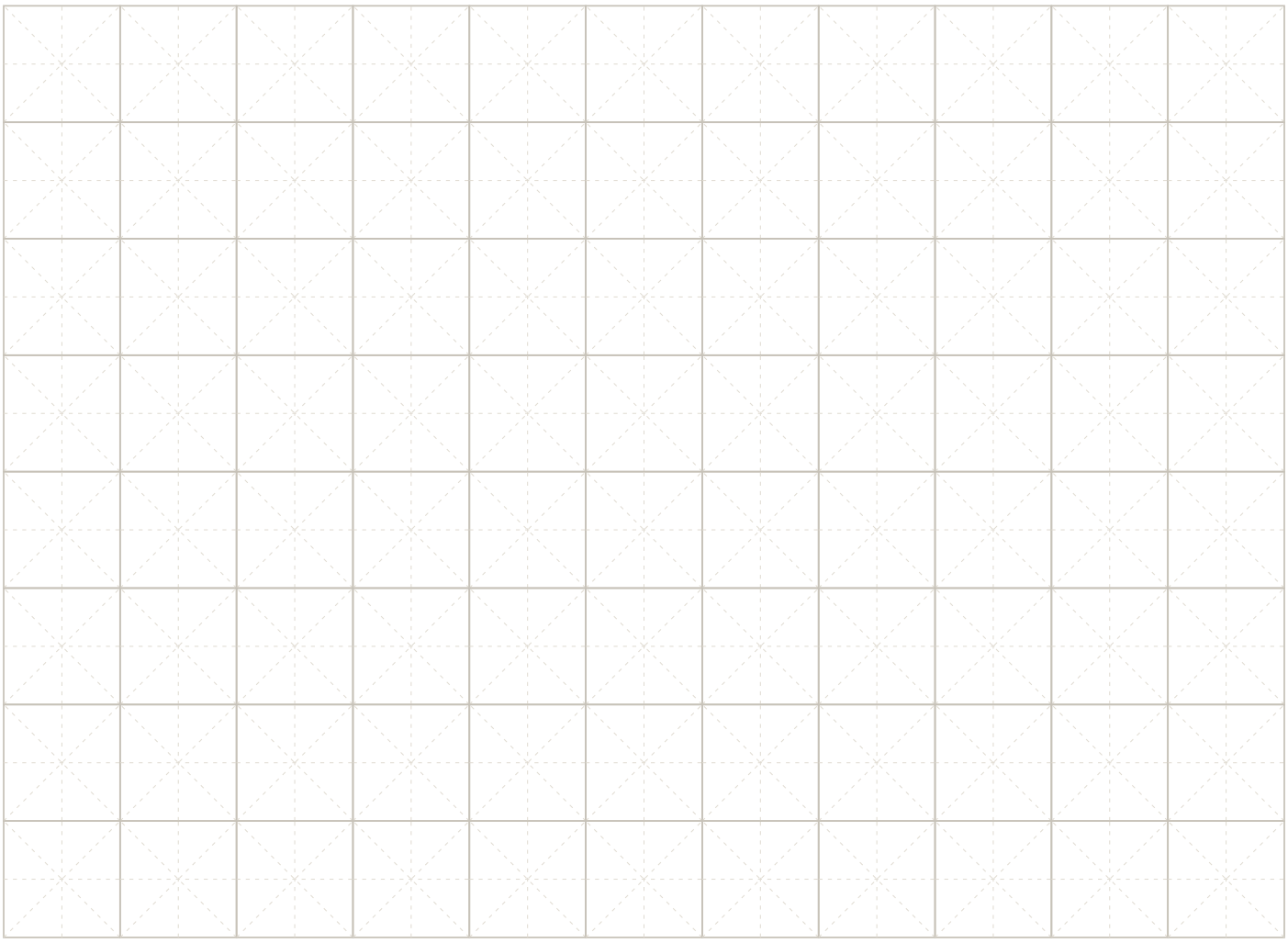
cháng yáng zì dé

徜徉自得

continued practice

Continue tracing each character, then write the word on your own.