



yín shí
寅时

noun · the period of the day from 3-5 a.m.

Example Sentences

yín shí shì líng chén sān diǎn dào wǔ diǎn
寅时是凌晨三点到五点。

The Yin period is from 3 to 5 a.m.

gǔ rén rèn wéi yín shí shì lǎo hǔ huó dòng de shí jiān
古人认为寅时是老虎活动的时间。

Ancient people believed that the Yin period was the time when tigers were active.

zhōng yī jiàn yì zài yín shí bǎo chí ān jìng yǐ lì yú fèi jīng tiáo lǐ
中医建议在寅时保持安静，以利于肺经调理。

Traditional Chinese medicine recommends staying quiet during the Yin period to benefit the lung meridian.

Trace each character, then write the word on your own.

寅	寅	寅	寅	寅	寅	寅	寅	寅	寅	寅
寅	寅	寅								
时	时	时	时	时	时	时	时	时	时	时