



rú zuò zhēn zhān

## 如坐针毡

idiom · to be on pins and needles; to be extremely uneasy

## Example Sentences

Tā děng chéng jì shí rú zuò zhēn zhān  
他等成绩时如坐针毡。

He was on pins and needles while waiting for his grades.

Miàn shì shí tā jǐn zhāng de rú zuò zhēn zhān  
面试时，她紧张得如坐针毡。

During the interview, she was so nervous she felt on pins and needles.

Zài lǎo bǎn de zhù shì xià tā gǎn dào rú zuò zhēn zhān  
在老板的注视下，他感到如坐针毡。

Under the boss's gaze, he felt extremely uneasy.

Trace each character, then write the word on your own.

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 如 | 如 | 如 | 如 | 如 | 如 | 如 | 如 | 如 |   |   |   |
| 坐 | 坐 | 坐 | 坐 | 坐 | 坐 | 坐 | 坐 | 坐 | 坐 |   |   |
| 针 | 针 | 针 | 针 | 针 | 针 | 针 | 针 | 针 | 针 |   |   |
| 毡 | 毡 | 毡 | 毡 | 毡 | 毡 | 毡 | 毡 | 毡 | 毡 | 毡 | 毡 |
| 毡 |   |   |   |   |   |   |   |   |   |   |   |