



tóu hūn nǎo zhàng

头昏脑胀

adj./phr. · to feel dizzy and with a swollen head; to feel one's head swimming

Example Sentences

wǒ zuó wǎn méi shuì hǎo jīn tiān yì zhí tóu hūn nǎo zhàng
我昨晚没睡好，今天一直头昏脑胀。

I didn't sleep well last night, and today I've been feeling dizzy and foggy-headed the whole time.

zài mēn rè de jiào shì lǐ zuò jiǔ le tóng xué men dōu jué de tóu hūn nǎo zhàng
在闷热的教室里坐久了，同学们都觉得头昏脑胀。

After sitting for a long time in the stuffy, hot classroom, the students all felt dizzy and foggy-headed.

tā gǎn mào fā shāo tóu hūn nǎo zhàng zhǐ hǎo qǐng jià zài jiā xiū xi
他感冒发烧，头昏脑胀，只好请假在家休息。

He had a cold and a fever, felt dizzy and foggy-headed, and had no choice but to ask for leave and rest at home.

Trace each character, then write the word on your own.

头	头	头	头	头	头	头	头				
昏	昏	昏	昏	昏	昏	昏	昏	昏	昏	昏	昏
脑	脑	脑	脑	脑	脑	脑	脑	脑	脑	脑	脑
脑	脑										

头昏脑胀