



shī mián

失眠

Verb · lose sleep; wakefulness; insomnia

Example Sentences

wǒ zuó wǎn shī mián le

我昨晚失眠了。

I had insomnia last night.

wǒ zuó wǎn yīn wèi yā lì tài dà ér shī mián le

我昨晚因为压力太大而失眠了。

I lost sleep last night because I was under too much pressure.

zuì jìn gōng zuò yā lì tài dà dǎo zhì wǒ lián xù jǐ tiān shī mián

最近工作压力太大，导致我连续几天失眠。

The recent work pressure is too high, causing me to lose sleep for several consecutive days.

Trace each character, then write the word on your own.

失	失	失	失	失	失	失	失				
眠	眠	眠	眠	眠	眠	眠	眠	眠	眠	眠	眠
眠	眠										